



## MENTAL HEALTH HISTORY

Have you taken **psychotropic medication in the past?**       yes    no

If yes:

Name                                      Reason for discontinuation

Please list, *chronologically*, your experiences in **therapy and/or psychiatric treatment:**

Dates                      Reason                      Therapist /Psychiatrist/ Hospital                      Frequency of visits / Helpful?

Please list anyone in your **family** (including extended family members), present or with history of psychiatric and/or therapy treatment:

Relationship to You                      Diagnosis/Issue                      Type of Treatment, including medication, if known